



NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

## **FAMILY HISTORY INFORMATION**

*(SINGLE ADULT)*

### **I. Father's / Mother's Family of Origin**

#### **A. Please describe your childhood relationship with your parents.**

1. How strong or weak was the bond between your parents and their children?

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2 .How was the bond that you had with your parents different from that of your siblings?

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3. Did either of your parents prefer one child over another?

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4. Describe the disciplinary approaches of your mother and father.

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5. Was either of them overprotective?

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6. Was either overindulgent? (Giving you too many liberties.)

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7. Was either particularly restrictive?

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8. Was either harsh or demanding?

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9. Was either encouraging?

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10. Was either patient, kind, loving?

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11. What influences did your father and mother have on your moral and spiritual development as a child?

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12. As a teenager?

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**B. Describe the marriage relationship between your parents.**

1. What were the strengths of their marriage?

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2. What were the weaknesses of their marriage?

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3. Was there any separation, divorce, infidelity?

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4. Was there any alcoholism, drug abuse?

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5. Was there any physical abuse, psychological abuse?

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6. Describe your father's spiritual life?

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7. Describe your mother's spiritual life?

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8. Did they attend church regularly?

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9. Did either of them lead the family in prayer?

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10. Did either of them lead the family in devotions or Bible reading?

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11. Did either of them live the Christian life on a daily basis?

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12. What were your father's attitudes toward women?

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13. What was his attitude towards his wife?

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14. What were your mother's attitudes toward men?

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15. What was her attitude towards her husband?

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**C. How did your parents influence your identity and sense of well-being?**

1. How did your parents treat the uniqueness and individual differences in each of their children?

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2. How did your parents help you develop a sense of individual responsibility and freedom?

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3. How did your parents help you develop your identity?

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4. Which parent did you identify with most?

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5. What qualities did you pick up from each parent?

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6. Do you seek parental approval of your decisions or activities since you have been a single independent adult?

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7. Does either of your parents seem to intrude in your life?

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8. Does either dominate or interfere with your affairs?

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**D.How did your parents relate to their community?**

1. What were your father's and mother's relationship to the community?

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2. What was your family's reputation in the community?

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3. What was your family's socioeconomic status?

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4. What was your family's standard of living?

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5. What was your family's educational level?

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6. What was your family's value for education of children?

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7. What was your family's income level?

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